

HEP/CAMP National Internship Program Week 6
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This past week was filled with adventures!

Monday morning was a difficult day to get out of bed because my legs were killing me. I am proud I did the 10 mile hike, but I'm not happy with the pain. Walking 20 minutes to work felt like an hour!

Monday at the office was a fun day. We had a staff meeting, these meetings are great because I get to eat good food and hear Andrea laugh. I enjoy hearing her laugh because it makes me laugh. I continued to schedule meetings with Congressional offices so I can ask offices to co-sponsor the Fairness for Farm Workers Act. I was nervous to go to offices and talk to the staff. Justin and Sam helped me prepare my pitch and quizzed me with questions staffers would possibly ask me.

On Tuesday, Nathan, Grace, and I went to tour the Supreme Court and walked around the Capitol Park. I enjoyed adventuring with them because there is not much interaction because they are always busy with work. Fortunately, we had a day out and we had fun! We rented motor scooters and rode up and down the House Office buildings. After, we went back to work and I had a conference call with Irene and other HEP/CAMP directors about the Annual Directors Meeting.



On Wednesday, Irene invited me to an event in Maryland. The National Hispanic Council on Aging is a program that advocates for elderly Hispanics in communities to receive help, like medical care and social security assistance. Irene introduced me to the president of NHCOA and she invited me to future events. I'm glad that I'm meeting more people and making new memories at places I did not think I would be at.

Thursday was my first day of going to Congressional offices. Luckily, Justin went with me so I can get an understanding of these types of meetings. After three meetings, I got the hang of it and felt more confident to do them alone. Justin would let me lead the conversation and he would add small details that I would always forget. Next week I have a lot more

meetings. I plan to make every meeting positive so I can get as much support for the Fairness for Farm Workers Act before I leave D.C.

Friday's CHCI programming was fun because we learned about education policies and got more information about writing our Op-Eds.

This weekend was pretty easy. Saturday was my last shift working at Starbucks here in D.C. so I will miss my coworkers but I am ready to go back to my other coworkers. On Sunday, Karla and I went to the mall and looked around. We both restrained from buying anything because all of our money is going towards our Metro cards. After the mall, we went to Costco and had so much fun playing "house." We walked around Costco and picked out items we would have in our future home. It was fun and a memory I will not forget because we talked about our goals and personal experiences in college and high school. Getting closer to Karla and the other interns makes me happy that I will have lifelong friendships (We already planned on going to a concert in California this fall).



This week was a relaxing week before the rest of this internship starts to come to an end. Next week I will be doing Congressional meetings alone and attending more events to connect with a variety of people from different backgrounds. I'm still happy that I am here in Washington D.C., doing something I never thought I would do so early in my life. I am already planning my future summers to come back to D.C. because this internship made me love D.C.