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Week 5

*“If you don’t like something, change it. If you can’t change it, change your attitude.” –Maya*

Angelou

This week was fairly busy at the Office of Migrant Education. My week began with training, meetings and tasks assigned to me by Millie, my supervisor. One of the biggest events of the year at the office is the Annual Directors Meeting where HEP and CAMP program directors across the country come to Washington D.C. This meeting is usually held towards the end of July and my co-worker and I have been preparing for it by helping Carla with the set-up. I am really excited about this meeting because not only will I be participating in it but I will get to see so many program officers that are contributing to the farm working community as well as my own program director Luz, who has helped me tremendously get me to where I am now.

On Wednesday, some CHCI interns and I had the opportunity to give a capital tour to high school students. This was a very nice opportunity for me because due to the fact that I am at the Department of Education, I do not get to explore much of the Capitol so being a part of the tour allowed me to see some rooms I have never seen before. This day was super fun as the high school students had the opportunity to meet their congressman in California as well as attend a

photoshoot. The students were very eager to learn more about the congressman and they all seemed very thankful to have the chance to talk to him.

As the weekend rolled on, I realized that it was going to be a weekend full of volunteering. On Saturday, I volunteered at the Food Bank and on Sunday volunteered at S.O.M.E (So Others May Eat). Volunteering at these organizations allowed me to really be thankful and reminded me that I am very fortunate to have everything that I have. I am glad I got to be a part of the change and make an impact in the community. The quote above really sticks out to me because it is important to always have a positive attitude about everything. As I volunteered, I was reminded that there are a lot of individuals who do not have a roof over their head or a meal to eat and that I am blessed and privileged enough not to be in their situation. Although we all go through rough times, it is crucial to know that we could be in much more unfortunate circumstances, which is why our attitude needs to change to acknowledge that.



R2L Next Gen High School students at Congresswoman AOC's office.



Some of the CAMP interns and I volunteering at S.O.M.E.