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Program: *University of Idaho*
Placement: *The League of United Latin American Citizens (LULAC)*

Journal Entry – Week 4

Monday-----

This week kept the same schedule and started off early as usual with me waking up at 7 a.m. to get ready for work. I got my tasks done and had my weekly meeting with my policy team at LULAC. I ended my hours with LULAC an hour early to meet up for a coffee chat with Marco, the president and CEO of CHCI, and a few of my fellow CHCI interns. Both meetings went great and were both informative in their own way. Later, we had a lesson on media bias and learned about key points to differentiate between authentic news sources/accounts from troll news sources/accounts. We also learned about the sources that were most likely to have specific biases based on where they leaned politically. We also all shared a news story we had been tracking for the past week. I really enjoyed that as it was interesting to learn about what news everyone else had been keeping up with and to learn about all the news

Wednesday-----

On Wednesday, we had a session that focused on imposter syndrome, identity, and authenticity. We started off with talking about imposter syndrome more specifically, we learned what it was, the reasons it can be caused from, and the different ways it can portray itself. This was a highly informative session and I related to a lot of it. Imposter syndrome is something I find myself dealing with often and it was great to learn more about. The session was followed by a panel with three guest speakers about identity and authenticity in the workplace. They shared their experience on the topic and shared helpful advice and thoughts regarding it. They were very open and honest about everything and were more than willing to answer questions.

Friday-----

On Friday, we had an hour-long session with AJC and its Goldman Fellows. AJC, American Jewish Committee, shared what their organization was about, how it came to be, and what their mission was. Then CHCI did the same thing. We then separated into small breakout rooms and were able to meet each other and talk more about our communities, their relationship to one

another and our personal experiences. We shared a lot of experiences and had similar thoughts regarding subjects. It was great to meet new people and our conversation was very enlightening.