

# Angelina Zamudio-Cabrera | HEPCAMP DC Intern

**Program:** *California State University - Sacramento*

**Placement:** *The Office of Rep. Jimmy Panetta (CA)*

## Journal Entry – Week 5

**Monday**-----

CHCI came in with a simulation class. This activity was great because ideas and views can be changed throughout the activity from all of us. A few weeks ago, I was part of the first simulation class the first day CHCI started class. I remember myself and many others had a view that changed throughout the activity, and all based on good points provided and all evidence.

**Tuesday**-----

My week at the office was great! Tuesday went by fast and was I able to connect with the staff and asked questions to learn more from them. Sadly, Thursday, I was not feeling my best. It took me a while to make the decision to stay home but for everyone's safety I decided to stay home and recover. I contacted my supervisor and a staff member which they were very supportive and said to take all the time I needed.

I look forward to next week!