

Elvia Valdovinos-Cruz | HEPCAMP DC Intern

Program: *Heritage University*
Placement: *The United Farmworkers of America (UFW)*

Journal Entry – Week 10

Monday-----

After spending a couple of days working on my Op-ed piece, it was day of presenting. In our Monday CHCI class with Dr. Augustine, I had to present my Op-ed to the other interns and answered questions regarding the issue I wrote about, which was the need of dorms at my university. After my class, I moved on to updating a database of articles for the UFW staff to use..

Tuesday-----

I started my day by conducting research regarding farm workers immigration and adding my findings to a database. Later, I moved on to following up to congressional offices to inform them about the Asuncion De Valdivia Heat Illness and Fatality prevention Act. To end my day, I worked on conducting media research.

Wednesday-----

I started my day by working on evaluations of the internships program I have been part of the past ten weeks. I moved on to taking an evaluation to see how much I have learned throughout my internship. To end my day, I worked on drafting and sending emails.

Thursday-----

I started my day by conducting my daily research on Farm Workers immigration. Then, I moved on to updating documents regarding the Asuncion De Valdivia Heat and Fatality Prevention Act. Later, I attended and informational meeting regarding the actions being taken to help undocumented agricultural workers obtain a permanent legal status.

Friday-----

It is my last day. I can't believe that my internship has come to an end. Today, I had the opportunity to meet Representative Soto. I am so thankful for being able to hear about Congressman Soto's passion for public service and helping those in need. Later, I joined my last programming session with CHCI. In today's programming, I was able to have a final conversation with all the other interns and CHCI staff. To end my day, I had my exit meeting with UFW Political Director Areli Arteaga. I am so thankful for having the opportunity to intern for the United Farm Workers because they taught me how to advocate for the agricultural community I come from.