

# Elvia Valdovinos-Cruz | HEPCAMP DC Intern

**Program:** *Heritage University*  
**Placement:** *The United Farmworkers of America (UFW)*

## Journal Entry – Week 7

### Monday-----

To start my work week, I met with the UFW Deputy Political Director, Areli Arteaga, and Cristal who is also interning with UFW to plan and share information about the work that we each are doing this week. Later, I prepared for programing with Dr. Augustine. In today’s programing, we discussed why marginalized communities have lower voting rates. I also reached out to congressional offices regarding the HR. 2193 Asuncion Valdivia Heat Illness and Fatality Prevention Act. The bill requires the Department of Labor to promulgate an occupational safety or health standard on the prevention of exposure to excessive heat.

### Tuesday-----

I started my day by joining a meeting with Marco Davis, CHCI’s President & CEO. I had the opportunity to learn about his leadership development, academic achievement, community advocacy, and civic engagement. Later, I moved on to conducting research regarding farm workers immigration. Then I uploaded my research findings to a data base so that my supervisor could access them later. After researching, I moved on to continuing my outreach to congressional offices regarding the HR. 2193 Asuncion Valdivia Heat Illness and Fatality Prevention Act.

### Wednesday-----

I started my day by researching about the H2A Worker Program and the Farm Worker Modernization Act. I uploaded my findings to a database where UFW staff can access that information. Later in the day, I joined the weekly programing with CHCI. For the first half of programing, I had the opportunity to meet Mark Magaña, President & CEO of GreenLatinos, who shared the work they do to deliver environmental and climate justice priorities to Capitol Hill. For the second part of programing, I participated in a workshop that helped me learn new ways to improve my public speaking skills.

## **Thursday**-----

Today was an outreach day. I spent most of the morning reaching out to congressional offices regarding the HR. 2193 Asuncion Valdivia Heat Illness and Fatality Prevention Act. After reaching out and following up with the offices, I moved on to updating a document with all the outreach I did today. Later, I attended an informational meeting to take notes about the legislation that is trying to be passed. I ended my day by conducting research and updating our database.

## **Friday**-----

The first thing I worked on today was research. I mainly did research on immigration processes that would be beneficial to minorities. After research, I moved on to finish my outreach to congressional offices regarding HR. 2193 Asuncion Valdivia Heat Illness and Fatality Prevention Act. Later, I worked on writing and Op-ed for my CHCI programing class with Dr. Augustine.