

Daniela Aguilar-Carranza | HEPCAMP DC Intern

Program: *University of Idaho*

Placement: *The League of United Latin American Citizens (LULAC)*

Journal Entry – Week 9

Monday-----

I started my day off on Monday by looking through legislation that had been introduced recently and tracked it depending on the topic that was covered. I then began working on summarizing content revolving around Public Comments on IQOS 3 Modified Risk Tobacco Product (MRTP). I took a break from that to attend my weekly policy team check-in meeting before going back to work on the IQOS product assignment. I then hopped onto a weekly legislation call and took notes. For my CHCI session, I watched some of my fellow interns participate in a simulation all about serving the public interest. It was interesting to see this simulation and how everyone dealt with their roles. I really enjoyed seeing how the simulation incorporated the topic of having someone who does not represent a community very well or know it very well make decisions for said community because it's something that happens commonly.

Tuesday-----

On Tuesday, I attended a meeting where I went over my LULAC News articles. I was able to get advice on what to add to my articles and the areas in which I needed to edit. I finished up my meeting notes from the day before and then attended a workshop that went over an introduction to project management. I really enjoyed the workshop as it gave great advice on managing projects and putting together events. My favorite part was a step-by-step on how to set up an event. It included steps that I've personally forgotten in the past when putting on events so I think this will be very helpful in the future. The rest of the day consisted of putting together meeting invites for Puerto Rico delegation meetings that were going to be happening this week.

Wednesday-----

On Wednesday, I worked on some finishing details for the meeting happening that same day before hopping onto the weekly policy team meeting. I then finished up half of the IQOS 3 product assignment before sending it over to my assigner to ensure I was on the right track and

doing everything correctly. Afterwards, I finished the details regarding the meetings happening the next day which included assigning interns to meetings. For my CHCI session, we started off by listening to a few guest speakers. They shared some great advice with us on career readiness and management. One really great piece of advice I really liked was to stop comparing ourselves and our accomplishments to those of other people. Everyone's lives are different and just because someone already has a job straight after graduation doesn't mean you're failing because you don't. We finished off the session listening to advice from Jhon on what to do post-internship, including using LinkedIn as a tool to continue networking. We ended early to allow a break before our CHCI graduation! The graduation video was shared live on a few different social media platforms. Each of the interns, including me, sent over a short video us waving beforehand, so we didn't need to do anything during the event; we got to sit back and enjoy the show.

Thursday-----

On Thursday, I worked a bit on edits for my LULAC News articles before going over meeting details for a PR delegation meeting that I was going to be attending which went really well. Afterwards I worked and completed my LULAC News articles. I attended another PR delegation meeting and then ended the day by working on my IQOS 3 product assignment.

Friday-----

On Friday, I finished up my work on the IQOS 3 product and sent it over. I then had a meeting with the AJC Goldman Fellows as part of CHCI. It was great to learn more about the issues that the Jewish community is currently facing as well as learn that the Latinx/Hispanic community is also facing similar issues. Afterwards, I attended an internship farewell lunch where we were able to hear from our supervisor, program director, CEO, and other staff members. It was really great to hear what they had to say and I'm glad we got the opportunity to meet. I ended the day by attending CHLI's Future Leaders Conference. It was a great conference and I really enjoyed hearing all the speakers' stories and advice on being successful and becoming a better leader.