Angelina Zamudio-Cabrera | HEPCAMP DC Intern

Program: California State University - Sacramento **Placement:** The Office of Rep. Jimmy Panetta (CA)

Journal Entry – Week 10

We are almost coming to an end. Week nine was a very good week. It started with a stimulation activity in CHCI. In this activity I needed to ask questions and be part of Council Member Group. As part of this activity, I needed to take lots of notes on what other peers were doing and speaking as well as preparing with background information and asking questions along the way. This activity was interesting to say the least. At the end of the day, I learned and took notes that can help me out later.

As other weeks in the past, I went to the office and was answering a few phone calls, assisting constitutes, and doing files from past years which I have to say was a lot. As always, I learn every time I go to the office from staff members and do different things that will help me later in future towards jobs or internships.

On the other hand, CHCI was scheduled to have a meeting with Congresswoman Daren Soto on Thursday but unfortunately that meeting was cancelled. Even though that meeting didn't go as planned my peers and I hope to reschedule and have that meeting with her before our internship ends next week.

Monday-----

Monday afternoon my parents came back home with a negative covid-19 test; it was such a relief. Monday was when my quarantine started, and I had a meeting with Patrick and all the other 5 interns. I had to contact Congressman Jimmy Panetta's office to notify them what was going on and say thank you. It was not the way I was expecting to end my internship but stuff like this can happen and all we can do is stay positive, notify, and stay safe.

The rest of the days aside from Friday, I was resting since my symptoms were not doing so well. Friday came up and we had a meeting with Congressman Darren Soto at 9 am. I learned a lot and I was able to learn about him, how important case works are for him, and his life and stuff he is working now. Later that day, we had our last meeting with CHCI and it was great being there and learn a lot and reflect throughout the 10 weeks.

Now, this experience comes to an end and all I can say is thank you. I am so grateful because I learned so much and now, I am more aware of national and local issues and ways that I can help my community. I gained many skills that I look forward to using in my following internship. I am emotional that I completed this great experience, but I am super excited to begin my internship at Sacramento State University. I appreciate all of the experience and all of the great connections that I made and that will help me later. I also want to take the time to give a big shoutout to Patrick Doone for always following up and being supportive, bringing great opportunities where we were able to participate. Also, Erica Perez who is my mentor and someone I look up to for many different reasons. She was always there before, during, and after this Internship and reading my weekly journals. Lilia Contreras, Juan Pablo Becerra, and Jose Gallegos that help me through the process of applying to this internship and for always believing in me and checking with me in every step of the way. Lastly, Sasha Frausto, Jhon Carlos Barrera and Dr. Nancy Y. Augustine for having great CHCI sessions and for teaching great issues. Overall, this internship was a great experience that I will never forget and that I will continue using for future jobs/internships.